

World Mental Health Day

Imagined
Futures



FREE Workshops &

Activities:

Yoga

DRUMBEAT[®]

Mindfulness

Street Games

**PLEASE JOIN
OUR EVENT TO CELEBRATE
WORLD MENTAL
HEALTH DAY!**



REGISTER

**Performance by:
Sgt Hulka**

**Saturday, 10th October
2020**

Time: 10am - 2pm

**Location: Fremantle Esplanade
Marine Terrace, Fremantle WA 6160**



Supported by:

FremantleMind Inc.
Cockburn Integrated Health
Cockburn Wellbeing
Youth Focus
Reclink
APM

City of Fremantle
City of Cockburn
RUAH
GROW
Curtin University
The Fathering Project

Fremantle Women's Health Centre
St John of God Ferns House
St John Of God Raphael Services
St Patricks Support Centre
Moorditj Koort Aboriginal Corporation
CoMHWA
Men's Community Shed

Helping Minds
Neami
Communicare
UNDA
Youth Reach South
Multicultural Futures